



Menu



Argentine Grill

**BUEN
AYRE**

HACKNEY

Broadway Market - London E8 4QJ



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ENTRADAS

starters

	Panera con untable de manteca y queso Azul (primera complementaria) <i>Breadbasket with a blue cheese and butter spread (first one is complementary)</i>	£6.00
	Olivas <i>Olives</i>	£6.00
	Chorizo pincho a la sidra (1/2 porción) <i>Chorizo cooked in cider sauce (1/2 portion)</i>	£7.00
	Berenjena al Escabeche <i>Marinated aubergine</i>	£7.00
	Pimientos de Padrón <i>Padrón peppers</i>	£8.50
	Txistorra <i>Grilled semi-cured pork sausage spiced with paprika</i>	£9.00
	Matrimonio <i>1 traditional Argentine grilled pork sausage + 1 grilled black pudding</i>	£11.00
	Lengua a la vinagreta <i>Marinated ox tongue</i>	£8.80
	Espárragos grillados <i>Grilled asparagus</i>	£11.00
	Empanadas (*2) (carne suave - carne picante – pollo – caprese - jamón y queso taleggio ) <i>Empanadas (beef - spicy beef – chicken - ham & taleggio cheese - mozzarella, tomato & basil )</i>	£9.00
	Provoleta <i>Grilled Provolone cheese</i>	£9.00
	Croquetas caseras (queso & espinaca o queso y jamón o mixtas) <i>Homemade croquettes (cheese & spinach* or cheese & ham or a mix)</i> *contains eggs	£9.50
	Mollejas (½ porción) <i>Grilled sweetbreads (1/2 portion)</i>	£10.00
	Burrata di buffala con tomate grillado con tostadas <i>Buffala burrata and grilled beef tomato with toasts</i>	£12.00

 : Plato vegetariano
Vegetarian dish

 : Favoritos Argentos
Argentinian Favourites

PRINCIPALES

Main courses

***Note:** All our steaks are prime Argentine beef,
free-range and grass-fed, unless stated otherwise.

Chorizos criollos (*2) <i>Grilled Argentine pork sausages (*2)</i>	£11.50
Mollejas <i>Grilled sweetbreads</i>	£20.00
Choripán (con elección de salsa chutney/salsa pebre/chimichurri) con papas <i>Argentine pork sausage sandwich (with a choice of chutney/pebre/chimichurri sauce) & chips</i>	£17.00
Brocheta de carne y verduras <i>Grilled Argentine beef and vegetable skewers</i>	£19.00
Bife de Cuadril (8oz) <i>Grilled Argentine rump steak (8oz)</i>	£19.00
★ Entraña <i>Grilled, free-range, grass-fed, prime Argentine skirt (recommended cook: medium)</i>	£20.00
Churrasco (8oz/227g) <i>Grilled Argentine sirloin steak (8oz/227g)</i>	£21.00
Vacio (10oz/300g) <i>Grilled Argentine flank steak (10oz/300g)</i>	£20.00
Bife ancho (8oz/227g) <i>Grilled Argentine rib-eye steak (8oz/227g)</i>	£24.00
Bife de chorizo grande (14oz/397g) <i>Grilled Argentine sirloin steak (large) (14oz/397g)</i>	£34.50
Bife ancho (11oz/312g) <i>Grilled Argentine rib-eye steak (11oz/312g)</i>	£36.50
Bife de lomo (10oz/284g) <i>Grilled Argentine fillet steak (10oz/284g)</i>	£38.00
Bife de lomo (10oz/284g) con salsa cremosa de queso azul Stilton <i>Grilled Argentine fillet steak (10oz/284g) served with a creamy blue Stilton cheese sauce</i>	£43.00



PARRILLADAS *(2 personas min.)*

Individual Grills (2 people min.)



****Add black pudding to any Parrillada for just £3!***

Parrillada Deluxe

14oz prime Sirloin steak + 12oz Rib-Eye + 2 Argentine pork sausages + provolone cheese.

£ /p 41

**Replace either steak or both with Fillet or Rib-Eye for only £5.00 extra each!*

Parrillada Buen Ayre

Selection of prime grilled meats cuts + Argentine pork sausage + sweetbreads

£ /p 35

**Please, ask for availability.*

Parrillada Mixta

Selection of prime grilled meats (may include flank steak & short rib) + Argentine pork sausage + provolone cheese + **pesto** stuffed mushrooms

contains nuts

£ /p 35

**Please, ask for availability.*

***Note:** Cooking large chunks of meat on a grill takes time.

Because all our cuts are grilled to order, there may be some waiting time involved. If concerned about this, please ask your waiter how long your **Parrillada** may take.



PLATOS VEGETARIANOS

Vegetarian/ vegan options



V Hongos a la parrilla con pesto y guarnición *

Two grilled vegan pesto-stuffed mushrooms w/ garnish

£13

***pesto contains nuts**

V Brocheta de queso halloumi y verduras

Grilled Halloumi cheese & vegetable skewers

£17

ENSALADAS

Salads

- | | | |
|----------|---|--------|
| v | Ensalada Caprese con vinagreta de pesto* | £8.50 |
| | <i>Garlic, tomato, mozzarella & basil salad with a pesto vinagrette *contains nuts*</i> | |
| v | Ensalada Mediterránea | £12.00 |
| | <i>Mix of lettuce, seeds, feta cheese, cherry tomatoes & Goji berries with a balsamic reduction</i> | |

GUARNICIONES

Sides

- | | | |
|----------|--|--------|
| v | Papas fritas | £5.50 |
| | <i>French fries</i> | |
| v | Papas fritas a la provenzal | £6.50 |
| ★ | <i>French fries seasoned with fresh garlic and parsley</i> | |
| v | Papas fritas con alioi | £6.50 |
| | <i>French fries with aioli</i> | |
| v | Ensalada de rúcula y ajo | £8.00 |
| | <i>Rocket & garlic salad</i> | |
| v | Ensalada verde | £10.00 |
| | <i>Green salad</i> | |
| v | Ensalada de tomate y cebolla | £8.00 |
| | <i>Tomato and onion salad</i> | |
| v | Ensalada Mixta | £10.00 |
| | <i>Lettuce and tomato salad</i> | |

SALSAS

Sauces

- | | |
|---|-------|
| Salsa Chutney | £2.50 |
| <i>Green apple, red apple, white onion, red onion, green pepper & chili chutney</i> | |
| Salsa Pebre | £2.50 |
| <i>Coriander, chili, tomato, red pepper, green pepper, red onion, garlic, white vinegar & lemon</i> | |
| Salsa de Queso Azul | £5.00 |
| <i>Creamy blue Stilton cheese sauce</i> | |

POSTRES

desserts

Brownie de chocolate tibio con Helado de Vainilla <i>Warm chocolate Brownie with Vanilla Ice Cream</i>	£10.00
Affogato <i>Vanilla Ice Cream drowned in a shot of hot Espresso</i>	£8.00
Don Pedro <i>Vanilla Ice Cream flavoured with nuts and Whiskey</i>	£12.00
★ Panqueques de Dulce de Leche con Helado de Vainilla <i>Pancakes filled with Dulce de Leche & served with Vanilla Ice Cream</i>	£8.00
★ Flan Casero con Crema/Dulce de Leche/Mixto <i>Homemade Crème Caramel with Whipped Cream/Dulce de Leche/Both</i>	£8.00
Helado (2 bochas): Dulce de Leche, Chocolate, Vainilla, Frutilla, Limón <i>Ice Cream (2 scoops): Dulce de Leche, Chocolate, Vanilla, Strawberry, Lemon</i>	£7.00
★ Helado de Super Dulce de Leche (2 bochas) <i>Super Dulce de Leche Ice Cream topped with Dulce de Leche (2 scoops)</i>	£8.50

The first breadbasket is free.
The second one has an extra charge of £5

Please note that an optional gratuity
of 12.5% will be added to your bill.
All tips are divided equally amongst staff.

CAFÉ Y TÉ

Coffee & Tea

Té - Manzanilla, Té Verde, Earl Gray, English Breakfast, Peperina £2.95
Tea - Camomile, green, grey, breakfast, peppermint

Espresso  £3.30

Espresso Descafeinado  £3.30
Decaffeinated Espresso

Espresso Doble  £3.80
Double Espresso

Cortado  £3.30
Espresso with drop of milk

Café Con Crema y Canela  £3.50
Espresso with cream & cinnamon

Café Con Leche  £3.50
Coffee with milk

Cappuccino  £3.50
Espresso, steamed milk, and frothy milk foam

CAFÉ CON LICOR

Liqueur Coffees

Carajillo  £7.00
Espresso with Brandy

Xeneise  £7.00
Espresso with Amaretto

Espresso Martini  £12.00
Vodka, Tia Maria, Coffee & Sugar

Almirante Brown  £7.00
Espresso with Bailey's

Irlandés  £7.00
Irish coffee



BEBIDAS SIN ALCOHOL

Non-Alcoholic drinks

Coca Cola

Classic/Diet/Zero (330ml)

£3.00

Tónica o Limonada

Tonic Water or Lemonade Can

£3.00

Agua Mineral

Still/Sparkling (750ml)

£5.50

Jugos (Naranja/Manzana/Frutos Rojos)

Juices: Orange/Apple/Berries (250ml)

£4.00

CERVEZAS Y SIDRAS

Beers & Ciders

Peroni

Non-alcoholic beer (0%)

£4.50

Cerveza Lowrise

Lowrise Can (330ml) – ABV Happy Craft Lager – Gluten Free – Local (4%)

£5.90

Buenos Ayres Golden o Dark

330ml – Golden Ale or Dark Lager Argentina (4,8%)

£5.90



Quilmes

340ml – Lager – Argentina (4,9%)

£5.90

Aspall Draught Cyder

Crisp, medium dry apple cider. Crafted at the original Cyder House, Suffolk (4%)

£6.00

